

# Lunch Menu

Wednesday - Friday 12pm - 3pm Saturday 12.00pm - 5.00pm

# **LUNCH SPECIALS**

# (gfa)Talbot Ploughman's

Honey Roast Gammon & Sussex Cheddar, Served with Breads, Pickled Onions & Vegetables, Chutney, Salad & Slaw £16.95

# Honey Roasted Gammon

Sliced Gammon, Grilled Fresh Pineapple, Fried Eggs, Peas, Rustic Fries £16.95

# **SALADS**

ADD Grilled Chicken £5.95 // Grilled Halloumi £4.00 // Avocado £3.50 // Masala Spiced Salmon Fillet £6.50

#### **Caesar Salad**

Cos Lettuce, Caesar Dressing, Anchovies, Bacon & Croutons £11.50

#### **OBeetroot & Goats Cheese**

Roasted Heritage Beetroot, Torched Goats Cheese, Toasted Walnuts, Herb Dressing, Mixed Leaves, Cucumber, Pickled Red Onion £16.50

#### Grilled Tuna Nicoise

Fresh Tuna Steak, Green Beans, Olives, Eggs, Potatoes, Tomatoes £19.50

# **SANDWICHES**

Served on White or Wholemeal Bread unless stated All served with a Salad Garnish & Homemade Slaw Gluten-free available.

Why not ADD a Small Portion of Skinny Fries // £3.50

## **BBQ Pulled Pork**

Sticky BBQ Pork topped with Melted Emmental Cheese, Caramelised and Crispy Onions, Focaccia Bread £10.00

## **Mature Sussex Cheddar**

Onion Marmalade, Plum Tomato £9.50

#### **Fish Gouion**

Homemade Fish Finger Sandwich, Tartare Sauce, Crispy Gem Lettuce £9.50

#### New York Deli

Pastrami, Emmental, Dill Relish, Tomato, Gem Lettuce £9.95

## Smashed Avocado

Chilli, Lime, Coriander & Roasted Tomatoes on Ardingly Donker Bread £9.50

#### **Classic BLT**

Toasted Bacon, Lettuce & Tomato with Sriracha Mayonnaise & Rocket £9.95

#### **Pesto Chicken**

With Sliced Tomato, Rocket in Focaccia Bread £9.95

## **Croque Monsieur**

Classic Toasted Ham & Gruyere Cheese with Bechamel Sauce on White Bread £9.95 – Add Fried Egg - £1.50

#### **Tuna Melt**

Toasted Sourdough, Spring Onions, topped with Cheddar Cheese £9.95

Our a la Carte Menu is also available on the reverse side.

→ Please let a team member know if you have any allergens or dietary requirements. All our produce is cooked fresh in the kitchen meaning we can cater for allergens on most items.